

August 2021

# Aspen Heights *Senior Living*

1410 Aspen St – Hull, IA 51239 - Phone 712-439-6715



## *We're Here to Serve You*

Nurse Manager- Becky Brown

Dietary Dept– Sheila DeStigter

Activity Dept– Jennifer Steiger

Maintenance- Earl Fick

Housekeeping-Vanessa Vink

## *Tenant & Staff Birthdays*

Aug 1 – Harold Jaspers

Aug 12 – Bernice Heusinkveld

Aug 24 – Donald Boer

Aug 29 – Joyce Heynen

## *Important Days*

August 3 – Chamber Coffee for  
10-year Anniversary of Aspen  
Heights

*Aspen*  
*Heights*  
Assisted Living

## *Spotlight on Aspen Heights*

It's been 10 years since Aspen Heights opened its doors. We will host the Chamber Coffee on Tuesday, August 3 to celebrate this milestone.

Let's reflect on these past ten years. Russ and Sandy Anderson were the owners and administrators when our facility opened on August 1, 2011. Bernice and Pearl have lived here since the year we opened. Since that time ninety-one people (some more than once) have called Aspen Heights their home.

Interesting Facts:

- 10 couples have been tenants
- 23 men have lived here
- Jennifer Steiger, our Activity Director has been here since the facility opened

Aspen Heights was purchased by Mark Holkamp in 2018. Assisted Living Partners became our managing company at that time.



## *The Month of August in History*

Here are just a few of the countless achievements made for the first time in August:

1. Mt. Rainier's summit was first reached. (August 17, 1870)
2. Mt. Whitney was scaled for the first time. (August 18, 1873)
3. The first recorded tennis tournament was held in the U.S. (August 15, 1876)
4. The first woman, Gertrude Ederle, successfully swam across the English Channel. (August 6, 1926)
5. The Ring magazine's Boxing Hall of Fame was founded. (August 5, 1954)
6. The Transcontinental Roller Derby began in Chicago. (August 13, 1935)
7. The National Basketball Association was established. (August 3, 1949)
8. The Guinness Book of Records was first published. (August 27, 1955)



**DOG DAYS  
of SUMMER!**

August is traditionally the hottest month of the year in the northern hemisphere, and the time between July 3 and August 11 is sometimes referred to as the "dog days" of summer. The nickname refers to Sirius, or the Dog Star.

What are your favorite ways to cool off in the summer? What is your favorite summertime drink?

## *Back on the Calendar!*

We are happy to announce that 'Nails' is back on the calendar every Friday morning at 10:00 am. In August we also welcome Harlan & Thelma TenHaken back for a travelogue.

Music, music music...live music is back! Melissa Boer will be here to play piano on August 9<sup>th</sup> at 2:00 pm. Arnetta and Dana will be here the following day at 10:00 am to play and Henrietta Dykstra will be singing hymns on August 19<sup>th</sup> at 2:00 pm.

August 26<sup>th</sup> is National Dog Day. To celebrate, Ruby will be visiting that morning. Lastly, we will be getting out in the community to visit the Hull Museum.



**Activities**

## *Aspen Heights in the News*

Aspen Heights was featured on two different tv stations this past week. KTIV featured a video clip of our 'Olympic Opening Ceremony' on their website. KCAU came to Aspen Heights for their story. They interviewed Jennifer Steiger, Activity Director and Lavonne Landman, tenant. They also featured pictures of tenants in the dining room, the outside of our building and the video clip of our 'Olympic Opening Ceremony'. You are all now officially...TV stars!!



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