

January 2022

Aspen Heights *Senior Living*

1410 Aspen St – Hull, IA 51239 Phone 712-439-6715



Celebrating January

**International Creativity
Month**

Maintenance Workers Month

New Year's Day
January 1

Martin Luther King Jr. Day
January 17

Compliment Day
January 24

Activity Professionals Week
January 23-29

**We're Here to Serve
You**

Nurse Manager- Ashley Loges

Dietary Dept– Sheila DeStigter

Activity Dept– Jennifer Steiger

Maintenance- Earl Fick

Housekeeping-Vanessa Vink

*Aspen
Heights*
Assisted Living

THE BEST OF 2021 FROM OUR STAFF & TENANTS

- Got to welcome and see my great-grandson
- Got to be out and see family after COVID outbreak
- Delivered a toy for grandchildren to enjoy
- Welcomed a new great granddaughter
- Had a surprise visit from my son
- Health was restored and able to walk again
- Our family of 82 people stayed healthy
- A new great grandson born close to Christmas
- Having a good health report
- Grandson is now engaged
- Moving Here
- Got to spend time at the lake
- Enjoyed a vacation to Hawaii
- Enjoyed time in Florida
- Aspen Heights was here when I needed another place to live.
- Able to enjoy seeing tenants without their mask





Welcome 2022! As we begin another year, we will try new activities as well as bring back our favorites. Volunteers will continue to help with a variety of activities including hymn singing. Be sure to check out our monthly activity calendar on our website,

www.aspenheightsseniorliving.com.

We are looking forward to fun filled year!



New year, new faces! This month we welcome Ashley Loges, our new nurse manager.

Ashley and her husband Austin live in Boyden with their three-month-old daughter, Rylee. Ashley is originally from Sioux Center and worked at Royal Meadows before coming here. When not busy at work Ashley enjoys spending time with family and friends

Ashley is looking forward to getting to know everyone here. We welcome Ashley to our Aspen Heights family.

January 23 - 29

HAPPY ACTIVITY PROFESSIONALS WEEK!

This week we recognize and honor the extraordinary work that activities and recreation program professionals do on a daily basis. Their creativity, adaptability, and resilience, combined with the compassionate care these professionals deliver, is immeasurable.

Jennifer & Sandy

WE APPRECIATE YOU!



Jan 4 – Sandy Fick

Jan 17- Jim Koldenhoven

Jan 30 – Betty VandeGriend

Jan 31 – Sally Koldenhoven