

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Devotions will be at the noon meal. *Activities are subject to change. 		9:30 Sioux County Conv. 2:00 Coloring/ Scrabble	1 "We've Got Spirit Day" Wear Team Colors/Shirt 9:45 Exercise 10:00 Hospice Info. Mtg-treats provided 2:00 Bday Party for Lois/Henrietta	2 9:45 Exercise 10:00 Mens Coffee Time 2:00 Travelogue-Covered Bridges/ New England	3 Jennifer 4 9:45 Exercise 10:00 Nails/ Puzzles/Games 2:00 Craft Time/Betty	4 10:00 Games on your own 2:00 Movie
Act Room 6 9:30 Church CH 77 1 st CRC CH76 1 st Ref. Supper 5PM <small>Daylight Savings Time Ends</small>	7 7-11 Day 9:45 Exercise 10:00 Wheel of Fortune 2:00 7-11 Bingo	8 Election Day 9:45 Exercise 10:00 How is That Done? 12:00 Chef Jacob-Thanksgiving Meal 2:00 Bible Study	9 9:45 Exercise 10:00 Hull Transp/ Games 2:00 Beanbag Toss 3:00 Staff Mtg.	10 9:45 Exercise 10:00 Mens Coffee Time 2:00 Hymn Sing with Diana	11 Wear Red, White and Blue Sandy 9:45 Exercise 10:00 Nails/ Puzzles/Games 2:00 Veterans Day Program with Jim K & Henrietta D <small>Veterans Day Remembrance Day (Canada)</small>	12 Annie's Bday 10:00 Games on your own 2:00 Movie
Act Room 13 9:30 Church CH 77 1 st CRC CH76 1 st Ref. Supper 5PM	14 Pickle Day 9:45 Exercise 10:00 New Game 2:00 Bells	15 9:45 Exercise 10:00 Reminisce 2:00 Dominoes/ Scrabble with Carol Grain House outing	16 Dutch American Heritage Day 9:45 Exercise 10:00 Scenic Drive 2:00 Dutch Act.	17 Wear Favorite Color 10:00 Res. Cncl. Mtg. 2:00 PT presentation with Evan	18 Footcare Jennifer Anita's Bday 9:45 Exercise 10:00 Nails/ Puzzles/Games 2:00 Do You Hear What I Hear?	19 10:00 Games on your own 2:00 Movie
Sheila's Bday Act Room 20 9:30 Church CH 77 1 st CRC CH76 1 st Ref. Supper 5PM	21 9:45 Exercise 10:00 Twister Toss 2:00 Thanksgiving Leaves & Trivia	22 9:45 Exercise 10:00 Gratitude Game 2:00 Bible Study	23 9:45 Exercise 10:00 Thanks-giving Bingo 2:00 Bells	24 <p style="text-align: center;">HAPPY THANKS-GIVING</p> <small>Thanksgiving Day (US)</small>	25 Sandy 10:00 Piano-Jan VO 2:00 Rummikub	26 10:00 Games on your own 2:00 Movie
Act Room 27 9:30 Church CH 77 1 st CRC CH76 1 st Ref. Supper 5PM	28 Baking Soda Day 9:45 Exercise 10:00 Beanbag Toss 2:00 Baking Soda Act.	29 9:45 Exercise 10:00 Memory Game 2:00 Hymn Sing with Arnetta	30 9:45 Exercise 10:00 Name That Christmas Carol 2:00 Sioux Center Transp.	 <p style="text-align: center;">November 2022 Aspen Heights Senior Living</p>		